

e2i Level Up Your Career @ AMK Hub (16 May 2026)

DECODE THE DRESS CODE (FOR LADIES)

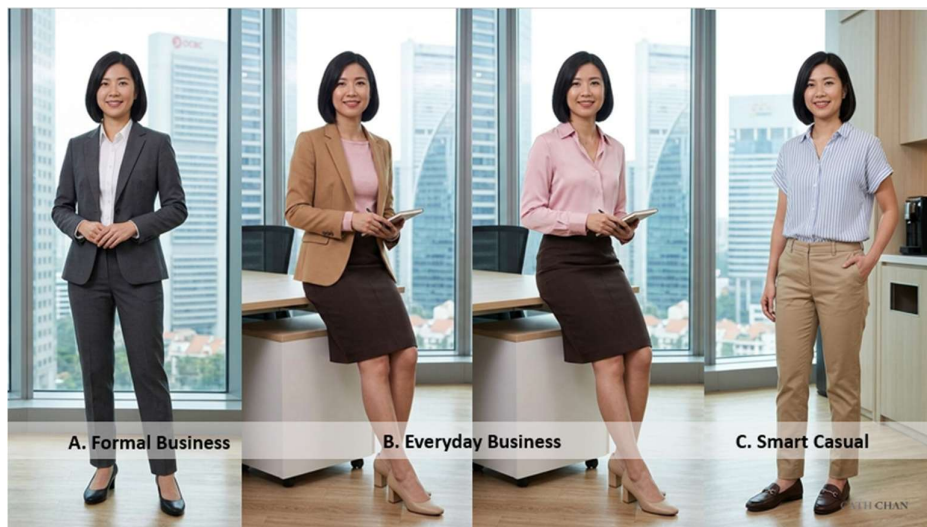
1. Why is it important to dress well?

Dressing well conveys elements of power that help shape perception and communicate the silent message that you are:

- a) confident
- b) credible
- c) competent

2. What factors influence dress code?

- a) occasion
- b) location
- c) role that you play



Tip: Find out the organisation's everyday dress code, then dress one level above it for the interview.

For example:

If the everyday dress code for ladies is smart casual, wear a long-sleeved collared blouse with pants or a skirt.

3. How should you dress appropriately?



Power	Characteristics	Power
↑	Structured (defined shape and form)	↓
	Polished (well-groomed, quality fabrics)	
	Restrained (neutral colours, understated accessories)	



Aim for a neat, polished, and professional appearance:

- Choose a plain white or pastel-coloured collared blouse with sleeves.
- Pair it with dark neutral pants or a skirt, such as black, navy, or charcoal grey.
- Wear closed-toe shoes.
- Keep accessories understated.
- Maintain a neat hairstyle and wear natural daytime makeup.
- Ensure your clothes are clean, well-ironed, and free of wrinkles.

Note: Avoid showing too much skin. Skirts should be no shorter than just above the knee.



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